

## SUGGESTED FURTHER READING

- [\*Coming Home to Who You Are: Discovering Your Natural Capacity for Love, Integrity, and Compassion\*](#) by David Richo
- [\*The Gifts of Imperfect Parenting: Raising Children with Courage, Compassion, and Connection\*](#) by Brené Brown
- [\*Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead\*](#) by Brené Brown
- [\*The Secrets of Happy Families: Improve Your Mornings, Rethink Family Dinner, Fight Smarter, Go Out and Play, and Much More\*](#) by Bruce Feiler
- [\*Nature Sparks: Connecting Children's Learning to the Natural World\*](#) by Aerial Cross
- [\*The Nature Principle: Reconnecting with Life in a Virtual Age\*](#) by Richard Louv
- [\*Finding Inner Courage\*](#) by Mark Nepo
- [\*Raising An Emotionally Intelligent Child The Heart of Parenting\*](#) by John Gottman, PhD, Joan Deaire and Daniel Goleman
- [\*Last Child in the Woods: Saving Our Children From Nature-Deficit Disorder\*](#) by Richard Louv
- [\*The Exquisite Risk: Daring to Live an Authentic Life\*](#) by Mark Nepo

- [\*The Empathy Connection\*](#) a downloadable PDF from The Humane Society

#### FOR MORE READING

[For more reading on Personal Development](#)

[For more reading on Parenting](#)

[For more reading on Social and Emotional Education](#)

[For more reading on Philanthropy](#)

[For more reading on Famous Families \(Biographies and Memoirs\)](#)

[For more reading on Connecting to Nature](#)

# SUGGESTED FURTHER READING

## PERSONAL DEVELOPMENT

- [\*The 7 Habits of Highly Effective People: Powerful Lessons in Personal Change\*](#) by Stephen R. Covey
- [\*Choose Yourself\*](#) by James Altucher
- [\*The Power of Now: A Guide to Spiritual Enlightenment\*](#) by Eckhart Tolle
- [\*Finding Your Element: How to Discover Your Talents and Passions and Transform Your Life\*](#) by Ken Robinson
- [\*The Four Agreements: A Practical Guide to Personal Freedom\*](#) by Don Miguel Ruiz
- [\*This Is How: Surviving What You Think You Can't\*](#) by Augusten Burroughs
- [\*Goals!: How to Get Everything You Want -- Faster Than You Ever Thought Possible\*](#) by Brian Tracy
- [\*Happiness: A Guide to Developing Life's Most Important Skill\*](#) by Matthieu Ricard and Daniel Goleman
- [\*Breaking The Habit of Being Yourself: How to Lose Your Mind and Create a New One\*](#) by Dr. Joe Dispenza
- [\*Willpower: Rediscovering the Greatest Human Strength\*](#) by Roy Baumeister and John Tierney
- [\*3 Off the Tee: Make It Happen: A Healthy, Competitive Approach to Achieving Personal Success\*](#) by Lorii Myers
- [\*How to Live in the World and Still Be Happy\*](#) by Hugh Prather
- [\*The Happiness Project: Or, Why I Spent a Year Trying to Sing in the Morning, Clean My Closets, Fight Right, Read Aristotle, and Generally Have More Fun\*](#) by Gretchen Rubin
- [\*The Happiness Project One-Sentence Journal: A Five-Year Record\*](#) by Gretchen Rubin

[Back to top](#)

# SUGGESTED FURTHER READING

## PARENTING

- [\*Simplicity Parenting: Using the Extraordinary Power of Less to Raise Calmer, Happier, and More Secure Kids\*](#) by Kim John Payne and Lisa M. Ross
- [\*Positive Discipline A-Z: 1001 Solutions to Everyday Parenting Problems\*](#) by Jane Nelson EdD, Lynn Lott and H. Stephen Glenn
- [\*How to Talk So Kids Will Listen & Listen So Kids Will Talk\*](#) by Adele Faber and Elaine Mazlish
- [\*It's OK Not to Share and Other Renegade Rules for Raising Competent and Compassionate Kids\*](#) by Heather Shumaker
- [\*Raising Our Children, Raising Ourselves: Transforming parent-child relationships from reaction and struggle to freedom, power and joy\*](#) by Naomi Aldort
- [\*Unconditional Parenting: Moving from Rewards and Punishments to Love and Reason\*](#) by Alfie Kohn
- [\*Peaceful Parent, Happy Kids: How to Stop Yelling and Start Connecting\*](#) by Dr. Laura Markham
- [\*Two Thousand Kisses a Day: Gentle Parenting Through the Ages and Stages\*](#) by L. R. Knost
- [\*Fill a Bucket: A Guide to Daily Happiness for Young Children\*](#) by Carol McCloud and Katherine Martin
- [\*Playful Parenting\*](#) BY Lawrence J. Cohen
- [\*What a Difference a Mom Makes: The Indelible Imprint a Mom Leaves on Her Son's Life\*](#) by Dr. Kevin Leman
- [\*Parents Do Make a Difference: How to Raise Kids with Solid Character, Strong Minds, and Caring Hearts\*](#) by Michele Borba, Ed.D.
- [\*Building Moral Intelligence: The Seven Essential Virtues that Teach Kids to Do the Right Thing\*](#) by Michele Borba, Ed.D.

- [\*NurtureShock: New Thinking About Children\*](#) by Po Bronson and Ashley Merryman
- [\*Einstein Never Used Flashcards: How Our Children Really Learn--and Why They Need to Play More and Memorize Less\*](#) by Roberta Michnick Golinkoff, Kathey Hirsh-Pasek and Diane Eyer
- [\*Mind in the Making: The Seven Essential Life Skills Every Child Needs\*](#) by Ellen Galinsky
- [\*Smart Parenting for Smart Kids: Nurturing Your Child's True Potential\*](#) by Eileen Kennedy-Moore and Mark S. Lowenthal

[Back to top](#)

## SUGGESTED FURTHER READING

### SOCIAL AND EMOTIONAL EDUCATION

- [\*Behavior Management: Principles and Practices of Positive Behavior\*](#) by John J. Wheeler
- [\*Integrating Differentiated Instruction & Understanding by Design: Connecting Content and Kids\*](#) by Carol Ann Tomlinson and Jay McTighe
- [\*Social & Emotional Teaching Strategies\*](#) by Stephanie A. Nugent
- [\*The Power of Guidance: Teaching Social-Emotional Skills in Early Childhood Classrooms\*](#) by Dan Gartrell
- [\*Emotional Development And Emotional Intelligence: Educational Implications\*](#) by Peter Salovey
- [\*Promoting Social and Emotional Learning: Guidelines for Educators\*](#) by Maurice J. Elias, Joseph E. Zins and Roger P. Weissberg
- [\*Caring Classrooms/Intelligent Schools: The Social Emotional Education of Young Children\*](#) by Jonathan Cohen
- [\*Social & Emotional Development: Connecting Science and Practice in Early Childhood Settings\*](#) by Dave Riley, PhD, Robert San Juan, Joan Klinkner and Ann Ramminger

- [\*The Hundred Dresses\*](#) by Eleanor Estes
- [\*The Brain and Emotional Intelligence: New Insights\*](#) by Daniel Goleman
- [\*Emotional Intelligence\*](#) by John C. Allen
- [\*Emotional Intelligence: Why It Can Matter More Than IQ\*](#) by Daniel Goleman.
- [\*Joey Pigza Swallowed the Key\*](#) by Jack Gantos
- [\*Ecoliterate: How Educators Are Cultivating Emotional, Social, and Ecological Intelligence\*](#) by Daniel Goleman, Lisa Bennett, and Zenobia Barlow
- [\*Emotional Intimacy: A Comprehensive Guide for Connecting with the Power of Your Emotions\*](#) by Robert Augustus Masters

[Back to top](#)

## SUGGESTED FURTHER READING

### PHILANTHROPY

- [\*Give Smart: Philanthropy that Gets Results\*](#) by Thomas J. Tierney and Joel L. Fleishman
- [\*Money Well Spent: A Strategic Plan for Smart Philanthropy\*](#) by Paul Brest and Hal Harvey
- [\*Strategic Giving: The Art and Science of Philanthropy\*](#) by Peter Frumkin
- [\*The Essence of Strategic Giving: A Practical Guide for Donors and Fundraisers\*](#) by Peter Frumkin
- [\*Wealth in Families\*](#) by Charles W. Collier
- [\*Why Philanthropy Matters: How the Wealthy Give, and What It Means for Our Economic Well-Being\*](#) by Zoltan J. Acs

- [\*Inspired Philanthropy: Your Step-by-Step Guide to Creating a Giving Plan and Leaving a Legacy\*](#) by Tracy Gary
- [\*The Art of Giving: Where the Soul Meets a Business Plan\*](#) by Charles Bronfman and Jeffrey R. Solomon
- [\*The Art of Doing Good: Where Passion Meets Action\*](#) by Charles Bronfman and Jeffrey R. Solomon
- [\*Giving With Confidence: A Guide to Savvy Philanthropy\*](#) by Colburn Wilbur and Fred Setterberg

[Back to top](#)

## SUGGESTED FURTHER READING

### FAMOUS FAMILIES (BIOGRAPHIES AND MEMOIRS)

- [\*Anyone Who Had a Heart: My Life and Music\*](#) by Burt Bacharach
- [\*The Hare with Amber Eyes: A Family's Century of Art and Loss\*](#) by Edmund de Waal
- [\*What Remains: A Memoir of Fate, Friendship, and Love\*](#) by Carole Radziwill
- [\*The Prince of Paradise: The True Story of a Hotel Heir, His Seductive Wife, and a Ruthless Murder\*](#) by John Glatt
- [\*The Snowball: Warren Buffett and the Business of Life\*](#) by Alice Schroeder
- [\*Sam Walton: Made In America\*](#) by Sam Walton
- [\*Call Me Ted\*](#) by Ted Turner
- [\*The Autobiography of Andrew Carnegie\*](#) by Andrew Carnegie
- [\*Gallo Be Thy Name: The Inside Story of How One Family Rose to Dominate the U.S. Wine Market\*](#) by Jerome Tuccille

- [\*The Maybelline Story and the Spirited Family Dynasty Behind It\*](#) by Sharrie Williams

[Back to top](#)

## SUGGESTED FURTHER READING

### CONNECTING TO NATURE

- [\*Nature\*](#) by Ralph Waldo Emerson
- [\*Connecting to the Power of Nature\*](#) by Joe H. Slate, PhD
- [\*Your Brain on Nature: The Science of Nature's Influence on Your Health, Happiness and Vitality\*](#) by Eva M. Selhub and Alan C. Logan
- [\*Earth, Water, Fire, and Air: Essential Ways of Connecting to Spirit\*](#) by Cait Johnson
- [\*The Findhorn Book of Connecting with Nature\*](#) by John R. Stowe
- [\*A Mirror to Nature: Poems About Reflection\*](#) by Jane Yolen and Jason Stemple
- [\*Nature: Poems Old and New\*](#) by May Swenson
- [\*Nature's Inspiration\*](#) by Ana Jobrail
- [\*Sisters of the Earth: Women's Prose and Poetry About Nature\*](#) by Lorraine Anderson
- [\*The Healing Fountain: Poetry Therapy for Life's Journey\*](#) by Geri Giebel Chavis and Lila Elizabeth Weisberger
- [\*Helen Steiner Rice-The Healing Touch: Poems, Letters, and Life Stories\*](#) by Ronald Pollitt, Helen Steiner Rice and Virginia Wiltse
- [\*Can Poetry Save the Earth?: A Field Guide to Nature Poems\*](#) by John Felstiner
- [\*The Ecopoetry Anthology\*](#) edited by Ann Fisher-Wirth and Laura-Gray Street



- [\*American Earth: Environmental Writing Since Thoreau\*](#) edited by Bill McKibben, foreword by All Gore
- [\*Birds, Beasts, and Seas: Nature Poems\*](#) edited by Jeffrey Yang
- [\*The Poetry of Nature: Collected Life & Nature Theme Poems\*](#) by Clara B. Ray
- [\*Earth, My Likeness: Nature Poetry of Walt Whitman\*](#) by Walt Whitman, edited by Howard Nelson
- [\*Thoreau and the Art of Life: Reflections on Nature and the Mystery of Existence\*](#) by Henry David Thoreau
- [\*The Heron Dance Book of Love and Gratitude\*](#) by Roderick MacIver
- [\*Tao te Ching: The Poetry of Nature\*](#) by Kari Hohne

[Back to top](#)