SUGGESTED FURTHER READING

- *Coming Home to Who You Are: Discovering Your Natural Capacity for Love, Integrity, and Compassion* by David Richo

- *The Gifts of Imperfect Parenting: Raising Children with Courage, Compassion, and Connection* by Brene Brown

- *Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead* by Brene Brown

- *The Secrets of Happy Families: Improve Your Mornings, Rethink Family Dinner, Fight Smarter, Go Out and Play, and Much More* by Bruce Feiler

- *Nature Sparks: Connecting Children's Learning to the Natural World* by Aerial Cross

- *The Nature Principle: Reconnecting with Life in a Virtual Age* by Richard Louv

- *Finding Inner Courage* by Mark Nepo

- *Raising An Emotionally Intelligent Child The Heart of Parenting* by John Gottman, PhD, Joan Decaire and Daniel Goleman

- *Last Child in the Woods: Saving Our Children From Nature-Deficit Disorder* by Richard Louv

- *The Exquisite Risk: Daring to Live an Authentic Life* by Mark Nepo
The Empathy Connection a downloadable PDF from The Humane Society

FOR MORE READING

For more reading on Personal Development

For more reading on Parenting

For more reading on Social and Emotional Education

For more reading on Philanthropy

For more reading on Famous Families (Biographies and Memoirs)

For more reading on Connecting to Nature
SUGGESTED FURTHER READING

PERSONAL DEVELOPMENT

- *The 7 Habits of Highly Effective People: Powerful Lessons in Personal Change* by Stephen R. Covey
- *Choose Yourself* by James Altucher
- *Finding Your Element: How to Discover Your Talents and Passions and Transform Your Life* by Ken Robinson
- *The Four Agreements: A Practical Guide to Personal Freedom* by Don Miguel Ruiz
- *This Is How: Surviving What You Think You Can't* by Augusten Burroughs
- *Goals!: How to Get Everything You Want -- Faster Than You Ever Thought Possible* by Brian Tracy
- *Happiness: A Guide to Developing Life's Most Important Skill* by Mattieu Ricard and Daniel Goleman
- *Breaking The Habit of Being Yourself: How to Lose Your Mind and Create a New One* by Dr. Joe Dispenza
- *Willpower: Rediscovering the Greatest Human Strength* by Roy Baumeister and John Tierney
- *3 Off the Tee: Make It Happen: A Healthy, Competitive Approach to Achieving Personal Success* by Lorii Myers
- *How to Live in the World and Still Be Happy* by Hugh Prather
- *The Happiness Project: Or, Why I Spent a Year Trying to Sing in the Morning, Clean My Closets, Fight Right, Read Aristotle, and Generally Have More Fun* by Gretchen Rubin
- *The Happiness Project One-Sentence Journal: A Five-Year Record* by Gretchen Rubin
SUGGESTED FURTHER READING

PARENTING


- *How to Talk So Kids Will Listen & Listen So Kids Will Talk* by Adele Faber and Elaine Mazlish

- *It's OK Not to Share and Other Renegade Rules for Raising Competent and Compassionate Kids* by Heather Shumaker

- *Raising Our Children, Raising Ourselves: Transforming parent-child relationships from reaction and struggle to freedom, power and joy* by Naomi Aldort

- *Unconditional Parenting: Moving from Rewards and Punishments to Love and Reason* by Alfie Kohn

- *Peaceful Parent, Happy Kids: How to Stop Yelling and Start Connecting* by Dr. Laura Markham

- *Two Thousand Kisses a Day: Gentle Parenting Through the Ages and Stages* by L. R. Knost

- *Fill a Bucket: A Guide to Daily Happiness for Young Children* by Carol McCloud and Katherine Martin

- *Playful Parenting* by Lawrence J. Cohen

- *What a Difference a Mom Makes: The Indelible Imprint a Mom Leaves on Her Son’s Life* by Dr. Kevin Leman

- *Parents Do Make a Difference: How to Raise Kids with Solid Character, Strong Minds, and Caring Hearts* by Michele Borba, Ed.D.

- *Building Moral Intelligence: The Seven Essential Virtues that Teach Kids to Do the Right Thing* by Michele Borba, Ed.D.
• NurtureShock: New Thinking About Children by Po Bronson and Ashley Merryman

• Einstein Never Used Flashcards: How Our Children Really Learn--and Why They Need to Play More and Memorize Less by Roberta Michnick Golinkoff, Kathey Hirsh-Pasek and Diane Eyer

• Mind in the Making: The Seven Essential Life Skills Every Child Needs by Ellen Galinsky

• Smart Parenting for Smart Kids: Nurturing Your Child's True Potential by Eileen Kennedy-Moore and Mark S. Lowenthal

SUGGESTED FURTHER READING

SOCIAL AND EMOTIONAL EDUCATION

• Behavior Management: Principles and Practices of Positive Behavior by John J. Wheeler

• Integrating Differentiated Instruction & Understanding by Design: Connecting Content and Kids by Carol Ann Tomlinson and Jay McTighe

• Social & Emotional Teaching Strategies by Stephanie A. Nugent

• The Power of Guidance: Teaching Social-Emotional Skills in Early Childhood Classrooms by Dan Gartrell

• Emotional Development And Emotional Intelligence: Educational Implications by Peter Salovey

• Promoting Social and Emotional Learning: Guidelines for Educators by Maurice J. Elias, Joseph E. Zins and Roger P. Weissberg

• Caring Classrooms/Intelligent Schools: The Social Emotional Education of Young Children by Jonathan Cohen

• Social & Emotional Development: Connecting Science and Practice in Early Childhood Settings by Dave Riley, PhD, Robert San Juan, Joan Klinkner and Ann Ramminger
• *The Hundred Dresses* by Eleanor Estes

• *The Brain and Emotional Intelligence: New Insights* by Daniel Goleman

• *Emotional Intelligence* by John C. Allen

• *Emotional Intelligence: Why It Can Matter More Than IQ* by Daniel Goleman.

• *Joey Pigza Swallowed the Key* by Jack Gantos

• *Ecoliterate: How Educators Are Cultivating Emotional, Social, and Ecological Intelligence* by Daniel Goleman, Lisa Bennett, and Zenobia Barlow

• *Emotional Intimacy: A Comprehensive Guide for Connecting with the Power of Your Emotions* by Robert Augustus Masters

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**SUGGESTED FURTHER READING**

**PHILANTHROPY**

• *Give Smart: Philanthropy that Gets Results* by Thomas J. Tierney and Joel L. Fleishman

• *Money Well Spent: A Strategic Plan for Smart Philanthropy* by Paul Brest and Hal Harvey

• *Strategic Giving: The Art and Science of Philanthropy* by Peter Frumkin

• *The Essence of Strategic Giving: A Practical Guide for Donors and Fundraisers* by Peter Frumkin

• *Wealth in Families* by Charles W. Collier

• **Inspired Philanthropy: Your Step-by-Step Guide to Creating a Giving Plan and Leaving a Legacy** by Tracy Gary

• **The Art of Giving: Where the Soul Meets a Business Plan** by Charles Bronfman and Jeffrey R. Solomon

• **The Art of Doing Good: Where Passion Meets Action** by Charles Bronfman and Jeffrey R. Solomon

• **Giving With Confidence: A Guide to Savvy Philanthropy** by Colburn Wilbur and Fred Setterberg

SUGGESTED FURTHER READING

**FAMOUS FAMILIES (BIOGRAPHIES AND MEMOIRS)**

• **Anyone Who Had a Heart: My Life and Music** by Burt Bacharach

• **The Hare with Amber Eyes: A Family's Century of Art and Loss** by Edmund de Waal

• **What Remains: A Memoir of Fate, Friendship, and Love** by Carole Radziwill

• **The Prince of Paradise: The True Story of a Hotel Heir, His Seductive Wife, and a Ruthless Murder** by John Glatt

• **The Snowball: Warren Buffett and the Business of Life** by Alice Schroeder

• **Sam Walton: Made In America** by Sam Walton

• **Call Me Ted** by Ted Turner

• **The Autobiography of Andrew Carnegie** by Andrew Carnegie

• **Gallo Be Thy Name: The Inside Story of How One Family Rose to Dominate the U.S. Wine Market** by Jerome Tuccille
• *The Maybelline Story and the Spirited Family Dynasty Behind It* by Sharrie Williams

**SUGGESTED FURTHER READING**

**CONNECTING TO NATURE**

• *Nature* by Ralph Waldo Emerson

• *Connecting to the Power of Nature* by Joe H. Slate, PhD

• *Your Brain on Nature: The Science of Nature’s Influence on Your Health, Happiness and Vitality* by Eva M. Selhub and Alan C. Logan

• *Earth, Water, Fire, and Air: Essential Ways of Connecting to Spirit* by Cait Johnson

• *The Findhorn Book of Connecting with Nature* by John R. Stowe

• *A Mirror to Nature: Poems About Reflection* by Jane Yolen and Jason Stemple

• *Nature: Poems Old and New* by May Swenson

• *Nature’s Inspiration* by Ana Jobrail

• *Sisters of the Earth: Women's Prose and Poetry About Nature* by Lorraine Anderson

• *The Healing Fountain: Poetry Therapy for Life’s Journey* by Geri Giebel Chavis and Lila Lizabeth Weisberger

• *Helen Steiner Rice-The Healing Touch: Poems, Letters, and Life Stories* by Ronald Pollitt, Helen Steiner Rice and Virginia Wiltse

• *Can Poetry Save the Earth?: A Field Guide to Nature Poems* by John Felstiner

• *The Ecopoetry Anthology* edited by Ann Fisher-Wirth and Laura-Gray Street
• *American Earth: Environmental Writing Since Thoreau* edited by Bill McKibben, foreword by Al Gore

• *Birds, Beasts, and Seas: Nature Poems* edited by Jeffrey Yang

• *The Poetry of Nature: Collected Life & Nature Theme Poems* by Clara B. Ray

• *Earth, My Likeness: Nature Poetry of Walt Whitman* by Walt Whitman, edited by Howard Nelson

• *Thoreau and the Art of Life: Reflections on Nature and the Mystery of Existence* by Henry David Thoreau

• *The Heron Dance Book of Love and Gratitude* by Roderick MacIver

• *Tao te Ching: The Poetry of Nature* by Kari Hohne

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